

## **Headache/Migraine**

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## **Headache/Migraine**

### **Advanced anti-headache blend**

**Headache/Migraine** is a powerful formula developed scientifically for those who suffer from mild to severe migraine headaches. NutraOrigin's innovative product could easily help to prevent the throbbing pain that interrupts your job, family time, even vacation. Included are ingredients proven effective and selected for significant, long-lasting relief from migraine headaches.

**Butterbur root** and **ginger extract** are both helpful in preventing migraine headaches. **Feverfew extract** diminishes migraine occurrences, associated vomiting, and nausea. **5-hydroxytryptophan** has been shown to lessen headaches in both adults and children. **Coenzyme Q<sub>10</sub>** can be helpful in relieving and reducing migraine headaches and is necessary for the basic functioning of cells. **Riboflavin (vitamin B2)** and **turmeric extract** both decrease the occurrence of migraine headaches.

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**Headache/Migraine** is a powerful formula developed scientifically for those who suffer from mild to severe migraine headaches. NutraOrigin's innovative product could easily help to prevent the throbbing pain that interrupts your job, family time, even vacation. For significant and long-lasting relief, make **Headache/Migraine** your choice for migraine headaches.

**Headache/Migraine:**

- Reduce throbbing, irritating, uncomfortable migraine pain.
- Improve sleep.
- Decrease mind-numbing agony.
- Diminish nausea.

Start living migraine- and headache-free!

### **Why Headache/Migraine is Superior**

- Only the best, most natural, scientifically proven ingredients used
- No ingredients with unproven effects
- Pharmaceutical grade and quality
- Wide spectrum of effective compounds, as opposed to lesser formulas with just a few ingredients
- Guaranteed pure and potent
- Ingredients fully evaluated and approved for safety and satisfaction (see certificate of analysis)
- Higher dosages and potency than most brands
- Quality backed by independent inspection
- Manufactured and packaged in facilities with the Good Manufacturing Practices (GMP) clean bill of health certification, which assures the highest level of quality.

### **How Headache/Migraine Works**

NutraOrigin's **Headache/Migraine** formula is developed scientifically, containing only proven, effective, natural ingredients. Each component has undergone extensive research for safety, satisfaction, and results. The ingredients described below will give you a better understanding of how this product works to diminish migraine headaches.

### **Butterbur Root**

The butterbur plant (*Petasites hybridus*) is a shrub found in Europe, Asia, and North America. According to double-blind trials, butterbur extract may be helpful in preventing migraine headaches. (1, 2) Butterbur extract has been used for centuries to help relieve various illnesses.

### **Feverfew Extract**

*Tanacetum parthenium* is the plant commonly referred to as feverfew or chrysanthemum, popular because of its effectiveness in relieving migraine headaches. According to clinical trials carried out in patients with classic or common migraines, treatment with feverfew significantly reduced migraine occurrences and associated vomiting. (3)

### **Ginger Extract**

Ginger is the rhizome of the perennial plant *Zingiber officinale* in the family Zingiberaceae, whose constituents inhibit blood clotting. (12) Studies have shown that ginger is beneficial in relieving and reducing migraine headaches. (4)

### **5-Hydroxytryptophan**

5-Hydroxytryptophan (5-HTP) is a naturally-occurring amino acid that is a precursor to the neurotransmitter serotonin. According to studies, 5-HTP has been shown to reduce headaches in both adults and children. (5–8)

### **CoQ10**

Coenzyme Q<sub>10</sub> (CoQ<sub>10</sub>) is a fat-soluble, vitamin-like nutrient. It is produced by the human body and is necessary for the basic functioning of cells. According to numerous studies, the supplement may be useful for migraine headaches. (9)

## Riboflavin

Riboflavin, also known as vitamin B2, is an easily absorbed micronutrient with a key role in maintaining human health. Evidence suggests that taking riboflavin supplements may decrease the occurrence of migraine headaches. (10)

## Turmeric Extract

Turmeric, also known as curcumin, is an extract derived from the roots and rhizomes of *Curcuma longa*, a tropical plant native to India and Southeast Asia. Many of turmeric's pharmacological factors contribute to its supportive use in migraine headaches. (11)

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